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| **September 2023**  **Port Wentworth Neighborhood Center** | | | | |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  |  | **1**  **9:30** Word Puzzle  **10** Noodle Hockey  **10:45** Site Council  **11** Trivia Challenge  **12:30** Favorite Fall Traditions  **1** Phase 10 |
| **CENTER CLOSED 4** | **5**  **9:30** School Cafeterias  **10** Walking and Weights  **11** VR Fruit Ninja  **12:30** School Days: Reminiscing  **1** Rummikub | **6**  **9:30** Teachers  **10** Gym Circuits  **10:30** Walk The Block  **11** Dots and Boxes  **12:30**  **1** Rummikub | **7**  **9** A-maz-ing School Supplies  **9:45** Chair Zumba  **10:30** Bingo  **12:30** FoodLabel Lingo  **1** Phase 10 | **8**  **“Back to School”**  **9:30** Vocabulary  **10** P.E.  **10:30** School Pictures  **11** English and Quiz  **12:30** Language Arts  **1** Social Studies |
| **11**  **9** Synonym Search  **9:45** Tai Chi  **10:30** Bingo  **12:30** Kenny Sellars- Medicare & Medicaid Q&A  **1:30** Farkle Dice | **12**  **9:30** Coffee and News  **10** Walking and Weights  **11** Guess Who?  **12:30** What’s the 211?  **1** Phase 10 | **13**  **9:30** September Zodiac  **10** Gym Circuits  **11** Trivia Challenge  **12:30** GA Legal Services  **1:30** Rummikub | **14**  **9** Word Puzzle  **9:45** Chair Zumba  **10:30** Bingo  **12:30** Alzheimer’s Awareness  **1** Rummikub  **WEAR PURPLE FOR ALZHEIMER’S AWARENESS** | **15**  **9:30** Joys of Granparenting  **10** Dance  **11** Fall Craft  **12:30** Chapter 2- Trying something new as a senior  **1** Phase 10 |
| **18**  **9 BROWN BAGS**  **9:45** Tai Chi  **10:30** Bingo  **12:30** Decades of Fashion!  **1** Rummikub  Wear clothes to represent your favorite Decade of Fashion | **19**  **9:30** Coffee with Friends  **10** Walking and Weights  **10:30** Hangman Challenge  **11:30** Designer Logos  **1** Air Hockey | **20**  **9:30** Fashion Words  **10** Gym Circuits  **10:30**  **11** Coloring Calm Art  **12:30** Etiquette Then vs. Now  **1** Phase 10 | **21**  **9:45** Chair Zumba  **10:30** Trivia  **11:00** Lecture Series: Hemingway and Fitzgerald  **12:30** GA Hospice Raffle with Debra  **1** Rummikub | **22**  **9:30** Word Puzzle  **10** Noodle Hockey  **011** VR Fruit Ninja  **12:30** Thank You To Our Pt. Wentworth Leisure Service Team  **1** Rummikub |
| **25**  **9:45** Tai Chi  **10:30** Bingo  **12:30** Melissa Speaks- Health topics for Seniors  **1** Phase 10 | **26**  **9:30** Word Puzzle  **10** Walk The Block  **11** Guess Who??  **12:30** Favorite Grandparent Memories  **1** Rummikub | **27**  **9:30** Coffee and News  **10** Gym Circuits  **11** Trivia Challenge  **12:30** Benefit of B Vitamins  **1** Rummikub | **28**  **9:45** Chair Zumba  **10:30** Bingo  **12:30** Travel Club: Thailand  **1:30** Taste of Thailand | **29**  **9:30** Word Puzzle  **10** Dance  **10:30** Lunch anda Movie: Best of Me  **12:30** Punch Board**\***  **1** Phase 10 |
| **Kari Wahlquist, Director**  Ed Young Senior Center  103 Turnberry Street  Port Wentworth, Georgia 31326  (912) 968-5411  Monday through Friday, 9 a.m. – 2 p.m.  *\*Activities subject to change*    **September Happenings**  **9/4 Labor Day *\*Center closed!***  ***9/8 “Back to School” Day***  ***9/11 Kenny Sellers answers Medicare/Medicaid questions***  ***9/14 Wear Purple for Alzheimer’s awareness***  ***9/18 Choose your favorite decade and wear clothes to show it off!***  ***9/21 Lecture Series with Roger Smith: “Hemingway and Fitzgerald”***  ***9/21 Raffle with Debra from Georgia Hospice***  ***9/22 Come show appreciation to our AWESOME Port Wentworth City Leisure Services Staff***  ***9/25 Melissa Speaks: Health topics for Seniors***  ***9/28 Travel Club: Thailand with Heather***  **September Birthdays**  6 Bill H.  10 James C.  22 Leo D.  23 Bob R.  28 Tina M.  29 Rose C.  **\*We are starting a new game!**  **Punch Board**  **will be played at the end of the month. For many of the games played throughout the month, you will earn a ticket to go in the “draw bowl”. There will be a board with different prizes in it and on the day we do the Punch Board, if your name is drawn, you will get a chance to punch out a cup and get a prize!**  “A child needs a grandparent, anybody’s grandparent, to grow a little more securely into an unfamiliar world.” — Charles and Ann Morse  “Being a grandparent means you can be as silly you want to be.” – Unknown  “Grandma always made you feel she had been waiting to see just you all day and now the day was complete.” – Marcy DeMaree  “Young people need something stable to hang on to — a culture connection, a sense of their own past, a hope for their own future. Most of all, they need what grandparents can give them.” – Jay Kesler  “You may not have grandchildren of your own or maybe you do, either way, you can always mentor a child.” | | | | |